



* SAMPLE *

Weekly Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Breakfast</p> <ul style="list-style-type: none"> ▶ Choice of Fruit or Juice ▶ Hot or Cold Cereal ▶ Eggs Made to Order ▶ Bacon or Sausage ▶ Toast with Jelly ▶ French Toast 	<p>Breakfast</p> <ul style="list-style-type: none"> ▶ Choice of Fruit or Juice ▶ Hot or Cold Cereal ▶ Eggs Made to Order ▶ Bacon or Sausage ▶ Toast with Jelly ▶ Donuts 	<p>Breakfast</p> <ul style="list-style-type: none"> ▶ Choice of Fruit or Juice ▶ Hot or Cold Cereal ▶ Eggs Made to Order ▶ Bacon or Sausage ▶ Toast with Jelly ▶ Danish 	<p>Breakfast</p> <ul style="list-style-type: none"> ▶ Choice of Fruit or Juice ▶ Hot or Cold Cereal ▶ Eggs Made to Order ▶ Bacon or Sausage ▶ Toast with Jelly ▶ Sweet Roll 	<p>Breakfast</p> <ul style="list-style-type: none"> ▶ Choice of Fruit or Juice ▶ Hot or Cold Cereal ▶ Eggs Made to Order ▶ Bacon or Sausage ▶ Toast with Jelly ▶ Pancakes 	<p>Breakfast</p> <ul style="list-style-type: none"> ▶ Choice of Fruit or Juice ▶ Hot or Cold Cereal ▶ Eggs Made to Order ▶ Bacon or Sausage ▶ Toast with Jelly ▶ Danish 	<p>Breakfast</p> <ul style="list-style-type: none"> ▶ Choice of Fruit or Juice ▶ Hot or Cold Cereal ▶ Eggs Made to Order ▶ Bacon or Sausage ▶ Toast with Jelly ▶ Sweet Roll
<p>Dinner</p> <ul style="list-style-type: none"> ▶ Choice Of: <ul style="list-style-type: none"> ◦ Baked Chicken n' Dumplings ◦ Steak Fettuchini ▶ Broccoli ▶ Tossed Salad ▶ Cheesecake 	<p>Dinner</p> <ul style="list-style-type: none"> ▶ Choice Of: <ul style="list-style-type: none"> ◦ Fried Pork Chop ◦ Chicken Breast w/Gravy ▶ Sweet Potatoes ▶ Cinnamon Applesauce ▶ Cherry Pie 	<p>Dinner</p> <ul style="list-style-type: none"> ▶ Choice Of: <ul style="list-style-type: none"> ◦ Beef & Veggie Stew ◦ Tangerine Chicken over Rice ▶ Cauliflower ▶ Fresh Fruit ▶ Carrot Cake 	<p>Dinner</p> <ul style="list-style-type: none"> ▶ Choice Of: <ul style="list-style-type: none"> ◦ Ham & Beans ◦ Cannolini Bites w/Marinara Sauce ▶ Cucumber & Onions ▶ Cornbread ▶ Green Beans ▶ Apple Crisp a la mode 	<p>Dinner</p> <ul style="list-style-type: none"> ▶ Choice Of: <ul style="list-style-type: none"> ◦ Sirloin Patty w/Mashed Potatoes & Gravy ◦ Bacon Cheeseburger Pizza ▶ Sunshine Salad ▶ Peas & Carrots ▶ Banana Split 	<p>Dinner</p> <ul style="list-style-type: none"> ▶ Choice Of: <ul style="list-style-type: none"> ◦ Lemon Pepper Cod ◦ Lasagna and Garlic Bread ▶ Cole Slaw ▶ French Green Beans ▶ Macaroni & Cheese ▶ Lemon Pie 	<p>Dinner</p> <ul style="list-style-type: none"> ▶ Choice Of: <ul style="list-style-type: none"> ◦ Beef Tips over Noodles ◦ Chicken Drumsticks and French Fries ▶ Jello with Fresh Fruit ▶ Corn on the Cob ▶ Coconut Cake
<p>Supper</p> <ul style="list-style-type: none"> ▶ Choice Of: <ul style="list-style-type: none"> ◦ BBQ Ribs Basket w/Potato Salad ◦ Chicken Salad on Croissant w/Chips ▶ Cream of Potato Soup ▶ Cottage Cheese with Fruit ▶ Onion Rings ▶ Choice Of: <ul style="list-style-type: none"> ◦ Ice Cream ◦ Baked Cookies 	<p>Supper</p> <ul style="list-style-type: none"> ▶ Choice Of: <ul style="list-style-type: none"> ◦ Tuna Noodle Casserole ◦ Salami & Swiss on Rye w/Chips ▶ Beef Barley Soup ▶ Tomato Wedge Salad ▶ Corn ▶ Choice Of: <ul style="list-style-type: none"> ◦ Ice Cream ◦ Sliced Peaches 	<p>Supper</p> <ul style="list-style-type: none"> ▶ Choice Of: <ul style="list-style-type: none"> ◦ Club Salad (Turkey & Bacon) w/Chips ◦ Sheppard's Pie w/Dinner Roll ▶ Chili ▶ Bean Salad ▶ Choice Of: <ul style="list-style-type: none"> ◦ Fresh Melons ◦ Ice Cream 	<p>Supper</p> <ul style="list-style-type: none"> ▶ Choice Of: <ul style="list-style-type: none"> ◦ Egg Salad on Toast w/Chips ◦ Mostaccoli w/ Meat Sauce ▶ Chicken Rice Soup ▶ Citrus Salad ▶ Choice Of: <ul style="list-style-type: none"> ◦ Banana Cake ◦ Ice Cream 	<p>Supper</p> <ul style="list-style-type: none"> ▶ Choice Of: <ul style="list-style-type: none"> ◦ Ham & Swiss on Wheat w/Chips ◦ Beef & Shells Alfredo ▶ Cream of Tomato Soup ▶ Fresh Fruit ▶ Choice Of: <ul style="list-style-type: none"> ◦ Vanilla Pudding ◦ Ice Cream 	<p>Supper</p> <ul style="list-style-type: none"> ▶ Choice Of: <ul style="list-style-type: none"> ◦ BBQ Beef Sandwich ◦ Tuna Salad on Croissant ▶ Chicken Noodle Soup ▶ Pear Salad ▶ Macaroni Salad ▶ Choice Of: <ul style="list-style-type: none"> ◦ Pound Cake w/ Berries ◦ Ice Cream 	<p>Supper</p> <ul style="list-style-type: none"> ▶ Choice Of: <ul style="list-style-type: none"> ◦ Chicken Pot Pie ◦ BBQ Hot Dog with Tater Tots ▶ Gumbo ▶ Peas ▶ Choice Of: <ul style="list-style-type: none"> ◦ Fresh Strawberries ◦ Ice Cream